

REGIONAL LOCAL HEALTH NETWORKS

Protocol (clinical)

Title: Intravenous Insulin Infusion in adults with diabetes who are fasting, receiving perioperative or intrapartum care or who have hyperglycaemia

Author: Rural Support Service – Diabetes Service **Sponsor:** Executive Director, Rural Support Service

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Summary This protocol outlines responsibilities and actions required by medical practitioners,

nurses and midwives to ensure the safety and quality of inpatient care.

Policy/procedure

reference

This protocol supports the SA Health Recognising and Responding to Clinical

Deterioration Policy Directive and Guideline, Diabetes Service Plan and Diabetes

Inpatient Model of Care.

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Does this protocol replace an existing document? N

Applies to

Objective file number

This protocol applies to all hospital medical practitioners, nursing and midwifery staff.

Version control and change history

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| Version | Date | Amendment | Amended by: |
|---------|------------|------------------|--|
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1. Introduction

Insulin is a high-risk medication. People with diabetes admitted to hospital and prescribed insulin are at risk of glucose variability, acute medical emergencies (e.g. hypoglycaemia, hyperglycaemia, diabetic ketoacidosis hyperosmolar hyperglycaemia state) and additional adverse outcomes, including death.

In the hospital setting, Intravenous (IV) insulin infusion is the preferred route of insulin delivery in adults with diabetes who are fasting, receiving perioperative or intrapartum care or who have hyperglycaemia.

IV insulin infusions offer rapid onset and short duration of action and can be titrated frequently to address insulin requirements and/or rapidly changing blood glucose levels.

Accurate monitoring and careful management of inpatients with diabetes prescribed IV insulin infusion will maximise benefit and minimise risk.

This Protocol outlines the requirements for the management of an IV insulin infusion in regional local health network (LHN) hospitals and is supported by the regional LHN Work Instruction Intravenous Insulin Infusion Preparation and Setup.

This protocol is not intended for:

- > use in medical emergencies (e.g. diabetic ketoacidosis or hyperglycaemic hyperosmolar state management). Refer to the regional LHN Protocols for Diabetic Ketoacidosis Management in Adults and Hyperglycaemic Hyperosmolar State Management Type 2 Adults.
- > use for children or young people under 18 years of age. Consultation must be sought from the paediatrician, specialist physician and/or endocrinologist.

1.1 Indications for IV Insulin Infusion

This protocol is indicated for use in the inpatient management of hyperglycaemia in the adult with diabetes who is:

- > fasting
- > perioperative
- > pregnant and receiving intrapartum care

> as part of the FeSS Sugar Protocol (Stroke management procedures and protocols clinical guideline).

This protocol is used in conjunction with the Intravenous Insulin Infusion Preparation and Setup Work Instruction and the:

- > Intravenous Insulin Infusion Type 1 Diabetes Chart Adult (MR-INF-T1D) Appendix A OR
- > Intravenous Insulin Infusion Type 2 Diabetes Chart Adult (MR-INF-T2D) Appendix B.

1.2 Prescribing an IV Insulin Infusion

The Medical Practitioner is to:

- 1. Identify the correct IV insulin infusion chart to be used, either:
 - > Intravenous Insulin Infusion Type 1 Diabetes Chart Adult (MR-INF-T1D) Appendix A: new diagnosis or pre-existing type 1 diabetes

INSULIN INFUSION TYPE 1 DIABETES **CHART - ADULT** MR-INF-T1D

INTRAVENOUS

OR

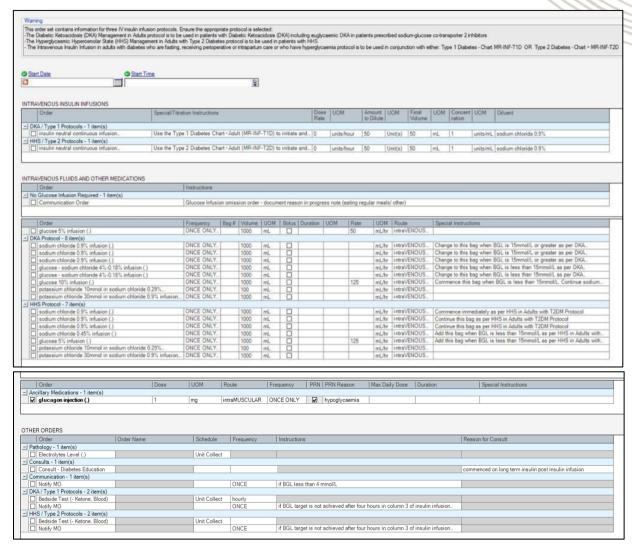
> Intravenous Insulin Infusion Type 2 Diabetes Chart – Adult (MR-INF-T2D) Appendix B: new diagnosis or pre-existing type 2 diabetes.



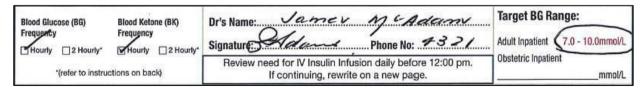
INTRAVENOUS INSULIN INFUSION TYPE 2 DIABETES **CHART - ADULT** MR-INF-T2D

or who have or who have hyperglycaemia

Prescribe the IV insulin infusion by signing the top of the medication chart. For regional LHN hospitals
using electronic medical records (EMR) order sets, further information is available at <u>Ordering Adult Insulin Infusions</u>. EMR example provided below:

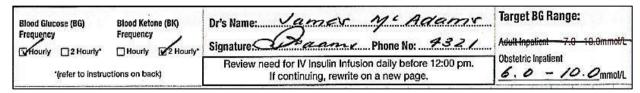


3. Identify target blood glucose (BG) range. The target BG range for an adult with diabetes during an IV insulin infusion is 7.0 – 10.0mmol/L.

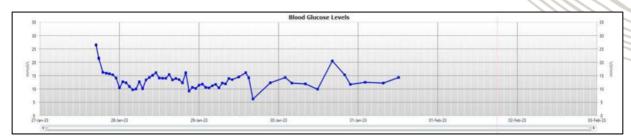


The Medical Practitioner is responsible for confirming if this target BG range is to be used or if a modified target BG range is required (e.g. for women with pre-existing diabetes in pregnancy, the BG target is generally 6.0 – 10.0mmol/L).

If a modified target BG range is to be used, the range must be documented.



For regional LHN hospitals using electronic medical records (EMR) order sets, further information is available at the <u>BGL and Insulin Chart Window</u> EMR example below:



- 4. Maintain previously prescribed basal insulin dose/s.
- 5. Cease previously prescribed rapid acting meal related doses and/or correction bolus insulin doses.
- 6. Review previously prescribed oral and/or non-insulin injectable medications and withhold if potential to worsen clinical state. Cease sodium-glucose co-transporter-2 (SGLT2) inhibitors immediately.
- 7. Plan daily review of the ongoing requirement for IV insulin infusion.
- 8. Assess preadmission HbA1c, refer to diabetes specialist nurse and consider previously prescribed diabetes medications in preparation of cessation of IV insulin infusion and for discharge planning.

1.3 Preparation of an IV Insulin Infusion

There is a need for a 1:1 or 1:2 nurse:patient ratio if an IV insulin infusion is used.

Nursing/midwifery observations include:

- > 2 intravenous lines setup plus syringe pump for IV insulin infusion
- > capillary blood glucose (BG) and blood ketone (BK) monitoring
- > fluid balance record (e.g. catheterisation and hourly measures may be required) to calculate and report deficit or positive fluid balance.

Nursing/midwifery staff are to prepare the IV Insulin and Glucose Infusion:

- > 50units insulin neutral 100units/mL (Actrapid®) in 49.5mL 0.9% Sodium chloride: concentration of 1 unit/mL via infuser pump. Refer to *IV Insulin Infusion Set Up Work Instruction*.
- > Run IV Glucose Infusion as ordered.

Any additional IV fluids will depend on the patient's health status and will need to be assessed and ordered by the medical practitioner.

Nursing/midwifery staff are to start the IV insulin infusion rate according to COLUMN 1 (green).

| | Intravenous Insulin Hourly Rate Algorithm TYPE 1 DIABETES | | | | | | | | | | | |
|---------------------------|---|---|--------------------|-----------------------|--|---------------------|---------------------|--|--|--|--|--|
| Colu | ımn 1 | Г | Colu | mn 2 | | Column 3 | | | | | | |
| BG mmol/L | Unit/houx | | BG mmol/L | Unit/hour | | BG mmol/L | Unit/hour | | | | | |
| PG less than 4.0mm | ol/L is hypoglycaemia | | BG less than 4.0mm | ol/L is hypoglycaemia | | BG less than 4.0mmo | VL is hypoglycaemia | | | | | |
| less than 5.0 | Off | | less than 5.0 | Off | | less than 5.0 | Off | | | | | |
| 5.0 - 6.4 | 0.5 | | 5.0 - 6.4 | 1.0 | | 5.0 - 6.4 | 2.0 | | | | | |
| 6.5 - 9.9 | 1.0 | ١ | 6.5 - 9.9 | 2.0 | | 6.5 - 9.9 | 4.0 | | | | | |
| 10.0 - 11.4 | 1.5 | | 10.0 - 11.4 | 3.0 | | 10.0 - 11.4 | 5.0 | | | | | |
| 11.5 - 12.9 | 2.0 | | 11.5 - 12.9 | 4.0 | | 11.5 - 12.9 | 6.0 | | | | | |
| 13.0 - 14.9 | 3.0 | / | 13.0 - 14.9 | 5.0 | | 13.0 - 14.9 | 8.0 | | | | | |
| 15.0 - 16.4 | 3.0 | | 15.0 - 16.4 | 6.0 | | 15.0 - 16.4 | 10.0 | | | | | |
| 16.5 - 17.9 | 4.0 | | 16.5 - 17.9 | 7.0 | | 16.5 - 17.9 | 12.0 | | | | | |
| 18.0 - 20.0 | 5.0 | | 18.0 - 20.0 | 8.0 | | 18.0 - 20.0 | 14.0 | | | | | |
| greater than 20.0 | 6.0 | | greater than 20.0 | 12.0 | | greater than 20.0 | 16.0 | | | | | |
| | | _ | | | | | | | | | | |

At commencement of the IV insulin infusion and with EACH syringe change, two (2) nurses/midwives to check and sign the nursing administration record as per example below:

| NURSING ADM | INISTRATION R | ECORD (IV In | sulin Infusion) | STORY OF | |
|---|------------------------|--------------|-----------------|--------------|------------------------|
| Insulin (units) and Sodium Chloride 0.9% (mL) | Date/time commenced | Nurse 1 | Nurse 2 | Time stopped | Volume infused (mL) |
| 50units Insulin Neutral (Actrapid®) + 49.5mL Sodium Chloride 0.9% | 17/01/23 | an | Leave | | |
| 50units Insulin Neutral (Actrapid®) + 49.5mL Sodium Chloride 0.9% | /// | | | | |
| 50units Insulin Neutral (Actrapid®) + 49.5mL Sodium Chloride 0.9% | | | | | |

1.4 Maintaining an IV Insulin Infusion

Nursing/midwifery staff are to blood glucose (BG) monitor hourly for the duration of the IV insulin infusion unless otherwise stated by the medical practitioner.

When the BG test result is identified, consider if the test result is 'in' or 'outside' (e.g. above or below) target BG range.

Follow the instructions provided on the *IV Insulin Infusion Chart* to either remain in the same column or take action (e.g. moving up or moving down one column as required). Refer to instructions below and *Flow Chart*.

Moving up a Column is required if:

- > the BG is greater than 10.0mmol/L AND
- > the current BG test result did not drop by 2.9 4.9mmol/L within the last hour.

Moving down a Column is required if:

- > the BG is less than 4.0mmol/L OR the IV insulin infusion has been suspended for one hour
- > the BG is 15.0mmol/L or less **OR** BG falling at a rapid rate of 5.0mmol/L or more in past hour.

Continue IV Glucose infusion. Treat hypoglycaemia (less than 4.0mmol/L irrespective of symptoms) as per regional LHN Protocol *Treatment of hypoglycaemia in people with diabetes in the hospital*. If hypoglycaemia occurs while on Column 1, 2 OR 3, contact medical practitioner.

YES, within range Stay in same column YES, stay in same column Every hour ask the Did BG drop by question NO, above NO, move up to next column 2.5 - 4.9mmol/L? 10.0mmo/L "Is BG 10.0mmol/L or and notify doctor. less?" See Rapid Detection and Response Instructions. Suspend IV Insulin Infusion for 1 hour. NO, BG is less than Continue IV Glucose Infusion 4.0mmol/L Treat for hypoglycaemia. Call MO if BG falling at a rapid rate of 5.0mmol/L or more in past hour Multidisciplinary Team review required. Consult MedStar as may require transfer to HDU or Metropolitan ICU.

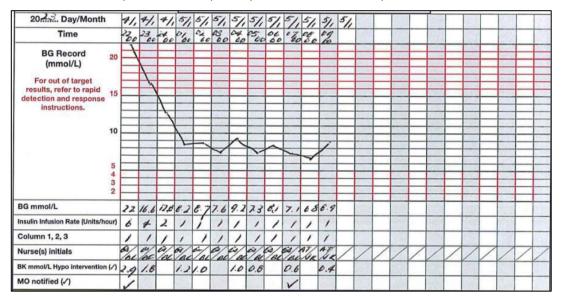
Flow Chart Instructions

If the BG is within target range for 4-6 hours, monitoring may be reduced to 2 hourly. However, if IV insulin infusion rate is changed, resume hourly monitoring.

1.5 Documentation

Nursing/midwifery staff are to document the:

- > date and time in the appropriate column.
- > blood glucose (BG) is to be graphed with a dot (⋅) in the centre of the square which coincides with the BG level. For example, 16.1mmol/L or 16.8mmol/L is a dot in the middle of the box that corresponds to 16mmol/L. Connect to the previous dot with a straight line.
- > numerical value of the BG in the designated row below the graph.
- > IV insulin infusion rate. Please note: always begin in the green column (column 1).
- > column being used to titrate the IV insulin infusion at that point in time (e.g. column 1, 2 or 3).
- > initials of both nurses/midwives who checked the hourly rate independently.
- > blood ketone (BK) if applicable.
- > initiation of the regional LHN Protocol Treatment of hypoglycaemia in people with diabetes in the hospital.
- > contact with the medical practitioner as per Rapid Detection and Response Instructions below.



1.6 Escalation

In the event of an out of target range blood glucose (BG) result, nursing/midwifery staff are to consult the **Rapid Detection and Response Instructions** and action recommendations.

Rapid Detection and Response Instructions

Senior registered nurse (RN) review when:

- BG not returning to target at anticipated rate of 2.5 – 4.9mmol/L in last hour & column escalation is pending.
- BG is greater than 20.0mmol/L in any column.
- BG is less than 4.0mmol/L.
- When IV Insulin Infusion has been switched off and when it is resumed.

Multi-disciplinary team (MDT) review when:

- . BK not decreasing at anticipated rate of 0.5mmol/L per hour.
- . BG is 15.0mmol/L or less, commence IV Glucose Infusion.
- Moving up one column.
- BG not decreasing at anticipated rate of 2.5 4.9mmoVL in last hour despite moving up one column or being in Column 3.
- · 12units/hour is being used in Column 3.
- BG decreasing too fast (e.g. 5.0mmol/L or more in last hour).

Consult MedStar as may require transfer to HDU or ICU

Medical emergency response (MER) review when:

- BG is less than 4.0mmol/L and has not responded to the Hypoglycaemia Protocol oral treatment in 45 minutes.
- Drowsy, confused, unsafe to swallow, unresponsive or unconscious.
- Breathing rapidly or having difficulty breathing or complaining of severe abdominal pain.

Consult MedStar as may require transfer to HDU or ICU

1.7 Cessation of IV Insulin Infusion and transition to alternative insulin or medication administration

The Medical Practitioner is responsible for determining when it is safe to transition off the IV insulin infusion to either:

- > the regional LHN Hyperglycaemia and Basal Bolus Insulin Chart (MR62A) Protocol.
- > pre-mixed insulin
- > co-formulation insulin
- > continuous subcutaneous insulin infusion (CSII) or insulin pump OR
- > other diabetes medications.

Cessation of the IV insulin infusion is considered in the patient who:

- > has no evidence of diabetic ketoacidosis and
- > is able to eat or has commenced enteral feeds or total parenteral nutrition.

Preadmission HbA1c, referral to the diabetes specialist nurse and previously prescribed diabetes medications are to be considered for this transition and in preparation for discharge.

Ideally, the IV insulin infusion should be ceased after breakfast, with a dose of subcutaneous insulin (or other diabetes medications) given before breakfast. The following instructions are offered as a guide.

1. Switching from IV Insulin Infusion to the regional LHN *Hyperglycaemia Protocol: Basal Bolus Insulin Chart (MR62A)*.

Subcutaneous long acting insulin must be on board for at least 4 hours before discontinuing IV insulin infusion.

To commence subcutaneous insulin in a patient who was not previously known to have type 1 diabetes, calculate total daily insulin requirements (four times IV insulin infusion used in last 6 hours = Total Daily Dose (TDD).

- i. 50% of TDD is prescribed as the basal insulin (long acting insulin) dose
- ii. 50% of TDD is prescribed in three equally divided doses with meals (rapid-acting insulin).

For example

A total of 9units of IV insulin infusion used in the past 6 hours. 9 x 4 = TDD 36units 50% as subcutaneous basal insulin is 18units \div 3 = 6units TDS with meals.

Titrate to target BG range based on capillary BG.

2. Switching from IV Insulin Infusion to pre-mixed insulin

If pre-mixed insulin (twice/day) is chosen, two thirds (2/3) of the TDD is prescribed at breakfast and one third (1/3) of the TDD is prescribed with the evening meal.

If pre-mix insulin (once/day) is chosen, two thirds (2/3) of the TDD is prescribed at breakfast.

For example if BD is required

A total of 9units of IV insulin infusion used in the past 6 hours. 9 x 4 = TDD 36units $2/3^{rd}$ as subcutaneous pre-mix insulin is 24units prescribed with breakfast $1/3^{rd}$ as subcutaneous pre-mix insulin is 12units prescribed with the evening meal.

For example if once a day is required

A total of 9units of IV insulin infusion used in the past 6 hours. 9 x 4 = TDD 36units $2/3^{rd}$ as subcutaneous pre-mix insulin is 24units prescribed with breakfast.

OFFICIAL 12-A1

3. Switching from IV Insulin Infusion to co-formulation insulin

50% of TDD and one third (1/3) of 50% of TDD and prescribed with largest carbohydrate meal.

For example

A total of 9units of IV insulin infusion used in the past 6 hours. $9 \times 4 = TDD$ 36units $2/3^{rd}$ as subcutaneous co-formulation insulin is 24units prescribed with the largest carbohydrate meal.

4. Switching from IV Insulin Infusion to Continuous Subcutaneous Insulin Infusion (CSII) or insulin pump

An endocrinologist could be consulted for advice on transitioning to insulin pump therapy. However, in most instances, insulin pump therapy is recommended to be recommended at the previous basal rate settings with the IV insulin infusion running concurrently.

IV insulin infusion rate will be titrated down based on BG levels.

If a meal is due during the 4 hours of transition, the insulin pump's advanced settings are to be used to calculate the meal-related bolus and correction bolus. The insulin pumps' advanced settings consider the pre meal BG test result, the BG target, insulin sensitivity factor, insulin:carbohydrate ratio and insulin action time (also known as 'insulin on board') to suggest a meal-related bolus dose to be delivered.

The suggested meal-related bolus dose can be self-administered or the suggested dose can be reduced and administered if concerns about postprandial hypoglycaemia.

The rregional LHN Protocol Continuous Subcutaneous Insulin Infusion (CSII) in People with Diabetes in the Inpatient Setting and CSII Inpatient Rate Record (MR-CIR) is to be used by the person with diabetes to document the meal-related bolus and correction bolus administered.

After at least 4 hours of subcutaneous basal insulin via the insulin pump **AND** if the person has tolerated food and fluid **AND** if the BK remains less than 0.6mmol/L, the IV insulin infusion can be discontinued.

After the IV insulin infusion is discontinued, maintain insulin pump therapy (using both basal and advanced settings at main meal times). Continue hourly BG monitoring for 2-4 hours then if stable, reduce BG monitoring frequency to QID. The BK should be rechecked in 1 hour and then as instructed by the medical officer.

5. Transitioning to other diabetes medications

The Medical Practitioner is to identify alternative diabetes medications (e.g. oral and glucagon-like peptide-1 (GLP-1) receptor agonists non-insulin injectables) that are safe for re-commencement.

SGLT2 inhibitors are not recommended to be recommenced in people with diabetes who have frequent bacterial or genitourinary yeast infections, low bone density and high risk for falls and fractures, foot ulceration, and factors predisposing to euglycaemic diabetic ketoacidosis (e.g. history of pancreatic insufficiency, drug or alcohol abuse or ketogenic diets).

1.8 Appendix A

For regional LHN hospitals using electronic medical records (EMR) order sets, further information is available at <u>Ordering Adult Insulin Infusions</u>

Type 1 Diabetes Chart – Adult (MR-INF-T1D)

| | | | | | OFF | ICI | AL: | Ser | siti | /e// | Med | lica | l in | con | fide | nce | 9 | | | | | | | | | |
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| results, refer to rapid | 15 | | | | | | | | | | | | | | | | | | | | | | | H | | Λ |
| detection and response instructions. | | | | | | | | | | | | | | | | | | | | | | | | | | 7 |
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Page 1 of 2

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INTRAVENOUS INSULIN INFUSION TYPE 1 DIABETES CHART - ADULT MR-INF-T1D

| ı | Affix parlant Identification label in this box |
|---|--|
| | U.R. Number: |
| | Surname: |
| ı | Given Name: |
| | Second Given Name: |
| | D.O.B.: Sex/Gender: |
| | Visit No. (if applicable): |

Site/Facility:

Indications for use

- Diabetic ketoacidosis (DKA) in a new diagnosis or in pre-existing type 1 diabetes.
- Euglycaemic DKA in pre-existing type 1 or type 2 diabetes prescribed a sodium-glucose co-transporter 2 inhibitor.
- Surgical management of pre-existing type 1 diabetes.
- Fasting or unable to tolerate food and fluids in pre-existing type 1 diabetes.
- Peripartum management of pre-existing type 1 diabetes.
- FeSS Sugar Protocol (Stroke management procedure & protocol guideline).

Paediatric patients: consultation with the MedSTAR paediatrician or paediatric service is recommended.

Blood glucose target & frequency

- Blood glucose (BG) target range during an IV Insulin Infusion is 7.0 10.0mmoVL for adult inpatients.
- BG target for obstetric patients is determined by the consulting physician: generally 6.0 10.0mmol/L.
- DKA: hourly BG monitoring is required for the duration of the IV Insulin Infusion.
- Fasting: hourly BG monitoring is required for the duration of the IV Insulin Infusion.
- Perioperative: hourly or 2hourly, refer to perioperative instructions.

Note: ePOC point of care system will read 'HI' if the BG result is greater than 38.0mmol/L and bedside Freestyle Optium Neo H blood glucose meter will read 'HI' if the BG is greater than 27.8mmoVL. Reducing a 'HI' BG level when exact BG. level is unknown is not recommended without MedSTAR or diabetes specialist advice.

Blood ketone monitoring & frequency

- Hourly blood ketone (BK) monitoring while ketones are present, otherwise monitor QID.
- Do not cease IV Insulin Infusion until BK are less than 0.6mmoVL and acidosis has resolved.

Rapid Detection and Response Instructions

Senior registered nurse (RN) review when:

- BG not returning to target at anticipated rate of 2.5 - 4.9mmol/L in last hour & column escalation is pending.
- BG is greater than 20.0mmoVL in any column.
- BG is less than 4.0mmol/L.
- When IV Insulin Infusion has been switched off and when it is resumed.

Multi-disciplinary team (MDT) review when:

- BK not decreasing at anticipated rate of 0.5mmol/L per hour.
- BG is 15.0mmoVL or less, commence IV Glucose Infusion.
- Moving up one column.
- BG not decreasing at anticipated rate of 2.5 4.9mmol/L in last hour despite moving up one column or being in Column 3.
- 12units/hour is being used in Column 3.
- BG decreasing too fast (e.g. 5.0mmol/L or more in last hour).

Consult MedStar as may require transfer to HDU or ICU

Medical emergency response (MER) review when:

- BG is less than 4.0mmol/L and has not responded to the Hypoglycaemia Protocol oral treatment in 45 minutes.
- Drowsy, confused, unsafe to swallow, unresponsive or unconscious.

 Breathing rapidly or having difficulty breathing or complaining of severe abdominal pain.

Consult MedStar as may require transfer to HDU or ICU

Reviews Record intervention below and note corresponding letter in intervention row on page 1. Initial Designation В C D E

Page 2 of 2

NTRAVENOUS INSULIN

INFUSION TYPE 1 DIABETES -

1.9 Appendix B

SA Health Revised May 2023

For regional LHN hospitals using electronic medical records (EMR) order sets, further information is available at Ordering Adult Insulin Infusions

Type 2 Diabetes Chart – Adult (MR-INF-T2D)

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| Government of South Australia SA Health | (| TY | 57.70 | IN 2 I RT R-II | INI DIA - A | FU: BE ADU T2 | SIC TE JL | ON S T | | | S | Surnar Siven Secon | me: Nam d Giv | er: e: | fix pati | | | Sex/ | Gend | der: . | | | | \$ |
| Site/Facility: | | | | | | | | | | | . V | isit N | o. (if | appli | icable | :): | | | | | | | | |
| Frequency | Freque | irly 🗆 | (BK)]2 Hourl | | ignat | ure: | | | | | | Pho | ne N | lo: | 12:00 | | | Adu | lt Inpa | | | |),0mm | ol/L |
| | | Descrip | | L | 50000 | | If c | contir | nuing | , rev | rite c | on a r | new p | oage. | | | | L | | | | | _mme | VL E |
| 20 Day/Month | 1 | | | | | | | | | | | | | | Ш | | | | | | | | | |
| Time | | | | | | | - | | | | | | | | | | | | | | | | | |
| BG Record (mmol/L) | 20 | | | | | | | | | | | | | | | | | | | | | | | |
| For out of target results, refer to rapid detection and response instructions. | 15 | | | | | | | | | | | | | | | | | | | | | | | ŧ |
| | 10 | | | | | | | | | | | | | | | | | | | | | | | į |
| | 5 4 3 2 | | | | | | | | | | | | | | 7 7 1 | | | | | | | | | |
| BG mmol/L | | | | | | | | | | | | | | | | | | | | | | | | |
| Insulin Infusion Rate (Units/I | hour) | | | | | | | | | | | | | | | | | | | | | | | |
| Column 1, 2, 3 | | | | | | | | | | | | | | | | | | | | | | | | |
| Nurse(s) initials | | // | 1/ | 1 | / | / | 1 | / | / | / | / | / | / | / | | / | | | / | / | 1 | | / | 1 |
| BK mmol/L Hypo interventio | on (🗸) | | | | | | | | | | | | | | | | | | | | | | | |
| MO notified (✓) | | | | | | | | | | | | | | | | | \perp | | | | | | | |
| Cali | | | veno | us In | sulir | 1 Ho | urly | | | _ | | Т | YPE | 2 D | IABE | TES | | | | | | | | _ |
| BG mmol/L | umn | | /hour | | | В | G mr | nol/L | | ımn | | it/ho | ur | | | BG | mmo | | olun | nn 3 | | /hou | , | |
| BG less than 4.0mm | ol/L is | Chilliannia. | Charles Control | emia | 1 | BG les | | AND DESCRIPTION OF THE PERSON | CONTRACTOR | ol/L i | | | AND DESCRIPTION | ia | BG | | | | nmol | | - | | emia | |
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| 10.0 - 11.4 11.5 - 12.9 | | | 2.0 | | | | | 11.4 | | - | | 3.0 | | | | | 0 - 1 5 - 1 | | - | | | .0 | | |
| 13.0 - 14.9 | | | 3.0 | | | | | 14.9 | | | | 5.0 | | | | | 0 - 1 | | | | | .0 | | |
| 15.0 - 16.4 | | | 3.0 | | | | | 16.4 | | | | 6.0 | | | | | 0 - 1 | | | | | 0.0 | | |
| 16.5 - 17.9 | | 4 | 1.0 | | | 1 | 6.5 - | 17.9 |) | | | 7.0 | | | | | 5 - 1 | | | | | 2.0 | | |
| 18.0 - 20.0 | | | 5.0 | | | | | 20.0 | | | | 8.0 | | | | | 0 - 2 | | | | | 4.0 | | |
| greater than 20.0 | | - 6 | 6.0 | | L | grea | ter t | han 2 | 20.0 | | | 12.0 | | | gr | eate | tha | n 20 | .0 | | - 10 | 6.0 | | J |
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| 50units Insulin Neutral (Actrap | pid®) + | 49.5ml | L Sodiur | n Chlor | ide 0.9 | 9% | | | | | | | | | | | | | | | | | | |
| 50units Insulin Neutral (Actrap | pid®) + | 49.5ml | L Sodiur | m Chlor | ride 0.9 | 9% | | | | | | | | | | | | | | | | | | |
| 50units Insulin Neutral (Actrap | pid®) + | 49.5ml | L Sodiur | n Chlor | ide 0.9 | 9% | | | | | | | | | | | | | | | | | | |
| | | | | | - () | | | | N | | | de Lo | | -144- 21 | | | | | | _ | | | Dane 1 | |

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INTRAVENOUS INSULIN INFUSION TYPE 2 DIABETES CHART - ADULT

MR-INF-T2D

WIN-IIVI - 12D

Site/Facility:

| Anix patient identification laber in this box |
|---|
| U.R. Number: |
| Surname: |
| Given Name: |
| Second Given Name: |
| D.O.B.: Sex/Gender: |
| Visit No. (if applicable): |

Indications for use

- Hyperglycaemic hyperosmolar state (HHS) in a new diagnosis or in pre-existing type 2 diabetes.
- Surgical management of pre-existing type 2 diabetes.
- Fasting or unable to tolerate food and fluids in pre-existing type 2 diabetes.
- · Peripartum management of pre-existing type 2 diabetes.
- FeSS Sugar Protocol (Stroke management procedure & protocol guideline).

Not for use in;

Paediatric patients; consultation with the MedSTAR paediatrician or paediatric service is recommended.

Blood glucose target & frequency

- Blood glucose (BG) target range during an IV Insulin Infusion is 7.0 10.0mmol/L for adult inpatients.
- BG target for obstetric patients is determined by the consulting physician: generally 6.0 10.0mmol/L.
- . HHS: hourly BG monitoring is required for the duration of the IV Insulin Infusion.
- · Fasting: hourly BG monitoring is required for the duration of the IV Insulin Infusion.
- · Perioperative: hourly or 2hourly, refer to perioperative instructions.

Note: ePOC point of care system will read 'HI' if the BG result is greater than 38.0mmol/L and bedside Freestyle Optium Neo H blood glucose meter will read 'HI' if the BG is greater than 27.8mmol/L. Reducing a 'HI' BG level when exact BG level is unknown is not recommended without MedSTAR or diabetes specialist advice.

Blood ketone monitoring & frequency

- . Hourly blood ketone (BK) monitoring while ketones are present, otherwise monitor QID.
- Do not cease IV Insulin Infusion until BK are less than 0.6mmol/L and acidosis has resolved.

Rapid Detection and Response Instructions

Senior registered nurse (RN) review when:

- BG not returning to target at anticipated rate of 2.5 – 4.9mmol/L in last hour & column escalation is pending.
- BG is greater than 20.0mmol/L in any column.
- BG is less than 4.0mmol/L.
- When IV Insulin Infusion has been switched off and when it is resumed.

Multi-disciplinary team (MDT) review when:

- BK not decreasing at anticipated rate of 0.5mmol/L per hour.
- BG is 15.0mmol/L or less, commence IV Glucose Infusion.
- Moving up one column.
- BG not decreasing at anticipated rate of 2.5 4.9mmol/L in last hour despite moving up one column or being in Column 3.
- 12units/hour is being used in Column 3.
- BG decreasing too fast (e.g. 5.0mmol/L or more in last hour).

Consult MedStar as may require transfer to HDU or ICU

Medical emergency response (MER) review when:

- · BG is less than 4.0mmol/L and has not responded to the Hypoglycaemia Protocol oral treatment in 45 minutes.
- Drowsy, confused, unsafe to swallow, unresponsive or unconscious
- Breathing rapidly or having difficulty breathing or complaining of severe abdominal pain.

Consult MedStar as may require transfer to HDU or ICU

Record intervention below and note corresponding letter in intervention row on page 1. Initial Designation B C D D E

Page 2 of 2

MP INE TON

NTRAVENOUS INSULIN

Reviews

INFUSION TYPE 2 DIABETES - ADULT

2. Linked documents (to be linked in approved documents)

Regional LHN Intravenous Insulin Infusion Preparation and Setup - Work Instruction

Regional LHN Intravenous Insulin Infusion Type 1 Diabetes Chart - Adult (MR-INF-T1D) - Example

Regional LHN Intravenous Insulin Infusion Type 2 Diabetes Chart - Adult (MR-INF-T2D) - Example

Regional LHN Diabetic Ketoacidosis Management in Adults - Protocol

Regional LHN Hyperglycaemic Hyperosmolar State Management Type 2 Adults - Protocol

Regional LHN Treatment of hypoglycaemia in people with diabetes in the hospital and community setting - Protocol

Regional LHN Continuous Subcutaneous Insulin Infusion (CSII) in People with Diabetes in the Inpatient Setting - Protocol

Regional LHN Continuous Subcutaneous Insulin Infusion (CSII) Inpatient Rate Record (MR-CIR) - Example

Regional LHN Treatment in Hyperglycaemia - Protocol and Basal Bolus Insulin Chart (MR62A)

Regional LHN Treatment in Hyperglycaemia Basal Bolus Insulin Chart (MR62A) - Example

3. References

Australian Diabetes Society and Australian and New Zealand College of Anaesthetists & Faculty of Pain Medicine (2022) *Perioperative Diabetes and Hyperglycaemia Guidelines (Adults)*. Available at https://diabetessociety.com.au/downloads/20221113%20ADS%20ANZCA%20Perioperative%20Guideline%20Final%20Nov%202022.pdf

Northern Adelaide Local Health Network (2021) Inpatient insulin management. NALHN, Adelaide.

Southern Adelaide Local Health Network (2021) *Intravenous insulin infusion for the management of hyperglycaemia in non-pregnant adults (not for treatment of diabetic ketoacidosis)*, SALHN, Adelaide.

Southern Adelaide Local Health Network (2022) *Preadmission perioperative medication guidelines*, SALHN, Adelaide.

Central Adelaide Local Health Network (2022) *Hyperglycaemia Management – Actrapid Insulin and Glucose Infusion*, CALHN, Adelaide.

Central Adelaide Local Health Network (2021) Diabetes inpatient management, CALHN, Adelaide.

4. Accreditation standards

National Safety and Quality Health Service Standards (2nd edition)

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---------------------|------------------------------|---|-------------------|--------------------|-----------------------------|------------------|---|
| | | | \boxtimes | | \boxtimes | | |
| Clinical Governance | Partnering with Consumers | Preventing & Controlling Healthcare Associated Infection | Medication Safety | Comprehensive Care | Communicating for Safety | Blood Management | Recognising & Responding to Acute Deterioration |

5. Consultation

| Version | Consultation |
|---------|--|
| 1.0 | Northern Adelaide Local Health Network, Diabetes and Endocrine Service, LCLHN Division of Medicine, regional LHN Diabetes Specialist Nurses, regional LHN visiting Physicians, regional LHN Clinical Pharmacists, Executive Directors of Medical Services, LCLHN Emergency Nurses. |
| | |

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